

## Minimum age Requirements for participation in official SARRC events.

Marathon (42.2km) and further: 18 years or older on race day Half Marathon (21.1KM) and further: 15 years or older on race day 10km and further: 12 years or older on race day Less than 10km: Open

Policy approved SARRC Board of Management on 21<sup>ST</sup> March 2016