



South Australian Road Runners Club Inc

'GOOD SPORTS' POLICY

Approval and Review

This policy was adopted by the Board of South Australian Runners Club on 24th Oct 2017

This policy was last updated on 23rd Oct 2017

Good Sports Policy

It is expected that all entrants in SARRC events will participate in a way that does not give them any unfair advantage or that is not in the spirit of sportsmanship, equality or fair play including but not limited to:

1. Competitors must exercise sound, mature judgment, carry out all reasonable instructions from officials, obey the laws of the land and observe traffic regulations
2. All competitors, officials, volunteers, and spectators must be treated with respect and courtesy
3. No individual support by vehicle, bicycle or on foot in order to complete the course distance is permitted except as provided by the organisers
4. Competitors must complete events in the capacity that they registered to compete. Competitors registered as walkers must walk the full event
5. Competitors must walk or run only on the defined event course. If the defined course is unintentionally not followed, the competitor may have received an advantage over other competitors, and this should be raised with the race/event director for assessment and/or an official time should not be recorded by the competitor.
6. Distance alone should not be considered as the only indicator of equality and fairness where the defined course is not followed. Course gradient, type of ground surface, course complexity and environmental factors may all influence running conditions and therefore the 'equality' of the alternate course taken
7. Intentional 'course cutting' in official events will be grounds for disqualification

Event results are based on Gun Time as per the IAAF (International Association of Athletics Federations) rule 165 part 24 (below). SARRC is run under these rules because its results can be used for selection into International and Olympic events.

Timing Procedure

Entrants must make sure the data that timers have is correct, so must follow these basic procedures:

- A timing tag linked to you and your race number will be stuck to the back of your race number bib.
- Attach the bib at waist height to the outside front of whatever top you will be wearing at the at all timing pints. Do not bend or fold the tag or tamper with it.
- Your time and number are recorded when you pass through a timing point provided your race number bib is visible. Covering it with clothing or your hands as you operate a watch will prevent it recording
- If there are several starts for different races, make sure you start at the correct time
- Run or walk over the start/finish timing mat at your start time. This lets officials know you are on the course.
- When you cross the finish timing point, walk & stay in order in the finish chute until you are past the backup cameras.
- Race number bibs are disposable & don't not need to be returned

- If you cut the course short (for example by skipping a lap, or taking a shortcut), **DO NOT** cross over the mat as we may inadvertently think you have won the race. If you do not complete your course you must return your bib to the SARRC Staff or to timing at the end of the finish chute.
- If you lose your race number bib during the race you must go to the timing van/tent near the end of the finish chute as soon as you cross the finish timing mat
- Officials will phone and search for anyone who has a start time but no finish time, so it is vital you do not use someone else's number and you go over the timing mat so your start and finish are recorded.

Failure to adhere to this policy may result in disqualification or other disciplinary action being taken.

While this policy specifically applies to officially timed events the same principle and standards of sportsmanship, equality or fair play should apply and be adhered to for all 'events' conducted by the club.

Where another competitor believes that this policy may have been breached, this should be raised with the Race/event director who will review it and make a decision on any action to be taken.

Any complaints about other competitors or race director actions in relation to this policy can be raised using the complaints guidelines within the SARRC Member Protection Policy.