



RESULTS

ASTHMA CHRISTMAS FROLIC

Sunday 5th Dec.

2004



Matthew Breathe Better



Helping people to breathe better

1800 645 130 asthmasa.org.au



Being ACTIVE for ASTHMA

The 2004 Asthma Christmas Frolic

Total entrants = 255

Total money raised by event for Asthma Foundation = \$2055

Highest individual fundraiser
Andi Butterworth

Race records for this event (2004 inclusive)

1 K Chase Cycle Santa (under 10)

Male	Year	Time	Female	Year	Time
Richard Gale	2002	3m 24s	Lauren Harrington	2002	4m 00s

1 K pre-teens (10 - 12)

Male	Year	Time	Female	Year	Time
Ben Pearce	2003	3m 26s	Colette Foote	2003	4m 04

5 K

	Name (M)	Year	Time	Name (F)	Year	Time
RUNNER	Adam Bishop	1998	16m 57s	Claire Ashworth	2001	19m 04s
WALKER	Kim Mottrom	2004	24m 04s	Bianca Davey	1996	29m 49s

10 K

	Name (M)	Year	Time	Name (F)	Year	Time
RUNNER	Glen Harvey	1998	34m 59s	Leah Wright	1998	38m 59s
WALKER	Kim Mottrom	2003	48m 37s	Sandra Kramer	1996	58m 32s



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**2004 ASTHMA CHRISTMAS FROLIC
PLACEGETTERS**

Male 10 km run

1 st	Andy Loudon	38:33
2 nd	Richard Everson	39:32
3 rd	Ian Roberts	39:56

Female 10 km run

1 st	Leah Wright	41:26
2 nd	Mandy Towler	43:56
3 rd	Kathleen Connellan	44:??

Male 10km walk

1 st	James Hoare	1:09:00
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Female 10km walk

1 st	Sandy Brunner	1:00:18
2 nd	Barbara Cain	1:08:14
3 rd	Krystyna Benson	1:33:04

Male 5 km run

1 st	Peter Sandery	18:25
2 nd	Harry Waterhouse	18:39
3 rd	Marcus Downing	19:20

Female 5km run

1 st	Vanessa Mount	23.21
2 nd	Christina Smith	24.04
3 rd	Debbie Wells	25.07

Male 5km walk

1 st	Kim Mottrom	24:04
2 nd	Noel Heinrich	33:04
3 rd	Colin Brooks	33:16

Female 5 km walk

1 st	Geraldine Waites	30:20
2 nd	Diane Goodger	31:46
3 rd	Nancy Horsell	44:46

1 Km Santa Chase – 10-12year olds - Boys

1 st	Richard Gale	
2 nd	Bradley Watson	
3 rd	Aaron Goldsworthy	

1 Km Santa Chase – 10-12year olds - Girls

1 st	Lisa Goldsworthy	
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1 Km Santa Chase – Under 10 year olds - Boys

1 st	Connor Moss	
2 nd	Luke Langhead	
3 rd	Cameron Ditton	

1 Km Santa Chase – Under 10 year olds - Girls

1 st	Hannah Stampke	
2 nd	Kelly Moss	
3 rd	Georgia Short	

Age Division Awards-2004 Frolic

5 Km Male

Division	Age	Name of winner
Youth	Under 15	Ben Pearce
Junior	16 - 19	Stephen Finlay
Open	20 - 29	Marcus Downing
Senior	30 - 39	Andrew Ketteridge
Master	40 - 49	Dennis Vlachos
Veteran	50 - 59	Harry Waterhouse
Super Veteran	60 - 69	Peter Sandery
Golden Age	70 - 79	Fred Pash
Diamond Age	80 - 89	Tom Barry
Ageless	Over 90	George Michell

5 Km Female

Division	Age	Name of winner
Youth	Under 15	Laura Palmer
Junior	16 - 19	Vanessa Round
Open	20 - 29	Elsa Dent
Senior	30 - 39	Antonetta Moro
Master	40 - 49	Christina Smith
Veteran	50 - 59	Hilary Winchester
Super Veteran	60 - 69	Valmai Padget
Golden Age	70 - 79	Nancy Horsell
Diamond Age	80 - 89	Marj Barry
Ageless	Over 90	

10 Km Male

Division	Age	Name of winner
Youth	Under 15	Shaun Moss
Junior	16 - 19	
Open	20 - 29	Kim Sorenson
Senior	30 - 39	Andy Loudon
Master	40 - 49	Richard Everson
Veteran	50 - 59	Doug Kewley
Super Veteran	60 - 69	John Hallifax
Golden Age	70 - 79	David Padget
Diamond Age	80 - 89	
Ageless	Over 90	

10 Km Female

Division	Age	Name of winner
Youth	Under 15	
Junior	16 - 19	
Open	20 - 29	Sally Richardson
Senior	30 - 39	Leah Wright
Master	40 - 49	Kathleen Connellan
Veteran	50 - 59	Karel Royle
Super Veteran	60 - 69	Sandy Brunner
Golden Age	70 - 79	
Diamond Age	80 - 89	
Ageless	Over 90	

2004 Asthma Christmas Frolic

10 KM RUN

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
1396	LOUDON	ANDY	1	1	M	36
1391	EVERSON	RICHARD	2	2	M	41
1328	ROBERTS	IAN	3	3	M	38
1342	MAIDEN	MATTHEW	4	4	M	34
1350	SORENSEN	KIM	5	5	M	29
1357	SCHUBERT	NICK	6	6	M	35
1382	WRIGHT	LEAH	7	1	F	38
1371	KELWEY	DOUG	8	7	M	54
1373	ELLIOTT	DEAN	9	8	M	52
1393	VIRGO	PETER	10	9	M	54
1403	COOK	CIARAN	11	10	M	44
1399	MORTLOCK	STEPHEN	12	11	M	28
1400	HUGHES	SHAUN	13	12	M	36
1332	SANDO	DAVID	14	13	M	48
1355	ATHANASIOU	JOHN	15	14	M	35
1374	ANGEL	BEN	16	15	M	38
1366	POWELL	BRADEN	17	16	M	35
1377	TOWLER	MANDY	18	2	F	37
1325	SAVAGE	ZAC	19	17	M	28
1389	TROWBRIDGE	CHRIS	20	18	M	35
1379	BRUNTON	BENJAMIN	21	19	M	28
1360	DORNIN	TIM	22	20	M	44
1395	THYS	DIRK	23	21	M	35
1384	CONNELLAN	KATHLEEN	24	3	F	45
1397	SMITH	PETER	25	22	M	47
1392	WHYTE	PETER	26	23	M	40
1390	HALLIFAX	JOHN	27	24	M	61
1343	HEALD	MARK	28	25	M	28
1365	DOUGLAS	SEAN	29	26	M	26
1394	OVERALL	GEOFF	30	27	M	48
1406	SHIMMERE	PAUL	31	28	M	49
1388	WILLIAMS	KYM	32	29	M	47
1383	LOFTUS	BILL	33	30	M	45
1349	STAMPKE	WENDY	34	4	F	43
1368	PADGET	DAVID	35	31	M	72
1348	LUBCKE	CHRISTINE	36	5	F	41
1364	BUCKETT	SALLY	37	6	F	44
1367	GLOWIK	JOHN	38	32	M	55
1347	BENNETT	JOHN	39	33	M	62
1402	BARBOUR	ANGELA	40	7	F	40
1378	SCHROEDER	JIM	41	34	M	57
1370	VIVIAN	PETER	42	35	M	45
1327	MOSS	SHAUN	43	36	M	10
1330	ROYLE	KAREL	44	8	F	54
1324	DE JONGE	ROBERT	45	37	M	31
1341	BENN	SONJA	46	9	F	49
1323	CLARK	TIM	47	38	M	24
1359	RABBETT	STEVEN	48	39	M	50
1398	HUGHES	JIM	49	40	M	60
1376	BARNES	JULIE	50	10	F	42

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
1375	NILSEN	KIRSTY	51	11	F	31
1362	EDWARDS	JANINE	52	12	F	43
1345	FRASER	KEN	53	41	M	57
1363	CARPENTER	ALLYSON	54	13	F	43
1358	LEE	ALAN	55	42	M	55
1333	MILL	LACHLAN	56	43	M	36
1346	BOWEN	KEVIN	57	44	M	43
1401	O'LOGHLIN	STEPHEN	58	45	M	36
1326	MOSS	BEVERLEY	59	14	F	38
1353	LITTLE	ANDREW	60	46	M	70
1322	COX	TIMOTHY	61	47	M	45
1354	GAERTNER	BRONWYN	62	15	F	50
1407	RICHARDSON	SALLY	63	16	F	24
1381	RAMSEY	RUTH	64	17	F	49
1340	LAMB	DAVID	65	48	M	51
1344	SMITH	MIRANDA	66	18	F	27
1405	HILL	BRIANNA	67	19	F	25
1336	WILLANSKI	ANNE	68	20	F	24
1335	LUYTEN	ANDY	69	49	M	42
1386	KRAFT	KATHRYN	70	21	F	23
1385	WARHURST	ANDY	71	50	M	38
1387	PETERSON	TONY	72	51	M	39
1334	HIGGINS	MICHAEL	73	52	M	67
1408	WARNER	LYNDAN	74	22	F	38
1331	NASTOU	JOHN	75	53	M	25
1372	MARSHALL	KAREN	76	23	F	35
1339	BUTTERWORTH	ANDI	77	24	F	28
1380	SCHROEDER	SARAH	78	25	F	54
1404	GOODWAY	MICHELLE	79	26	F	31
1329	ROYLE	TONY	NR		M	53
1337	MILLER	TREVOR	NR		M	60
1338	ALLISON	GARY	NR		M	44
1351	DAVIS	GRANT	NR		M	51
1356	SMYTH	PHIL	NR		M	53

10 KM WALK

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
5545	BRUNNER	SANDY	1	1	F	62
5546	CAIN	BARBARA	2	2	F	56
5544	HOARE	JAMES	3	1	M	58
5548	BENSON	KRYSTYNA	4	3	F	54
5535	GOODALL	POLLY	5	4	F	61
5536	PERESSONI	LINA	6	5	F	30
5541	PULLINO	LISA	7	6	F	35
5539	TSIMOPOULOS	VESSY	8	7	F	39
5540	ASSIOTIS	ANNA	9	8	F	33
5542	ASHFORD	LORRAINE	10	9	F	45
5543	BARNARD	MARCELLE	11	10	F	34
5537	FAZZARI	VICKY	12	11	F	23
5538	CARBONE	DIANA	13	12	F	40
5547	TAGGART	DALLAS	NR		M	

5 KM RUN

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
3703	SANDERY	PETER	1	1	M	63
3702	WATERHOUSE	HARRY	2	2	M	53
3655	DOWNING	MARCUS	3	3	M	29
3673	KETTERIDGE	ANDREW	4	4	M	38
3635	VLACHOS	DENNIS	5	5	M	46
3677	SCHINELLA	ANTHONY	6	6	M	31
3652	CREWS	STEVEN	7	7	M	23
3714	BROOKS	KEVIN	8	8	M	41
3648	PEARCE	BEN	9	9	M	13
3723	SHERLOCK	GEOFF	10	10	M	54
3722	INGLIS	ANDREW	11	11	M	50
3694	FINLAY	STEPHEN	12	12	M	16
3717	ROUND	VANESSA	13	1	F	18
3654	SMITH	JOSEPH	14	13	M	63
3709	ROSEN	JEFF	15	14	M	42
3683	FLETCHER	DALE	16	15	M	35
3707	PAPAGEORGIU	LEE	17	16	M	25
3653	SMITH	CHRISTINA	18	2	F	40
3692	BORELLO	SAM	19	17	M	41
3646	PEARCE	SAM	20	18	M	15
3690	ZAMEL	MARK	21	19	M	38
3650	WELLS	DEBBIE	22	3	F	46
3643	PEARCE	CAM	23	20	M	46
3708	BAKER	STEVE	24	21	M	25
3721	WINCHESTER	HILARY	25	4	F	50
3710	SWANSON	JAMES	26	22	M	53
3701	DENT	ELSA	27	5	F	26
3638	JEANES	EDWARD	28	23	M	15
3661	BROOKS	GLEN	29	24	M	50
3641	COX	CATHERINE	30	6	F	51
3667	CLARKSON	CHRIS	31	25	M	40
3668	ASHWORTH	JAKE	32	26	M	10
3712	MORO	STEVEN	33	27	M	35
3711	MORO	ANTONETTA	34	7	F	33
3665	YOUNG	ALEX	35	28	M	10
3700	McCRACKEN	ALANA	36	8	F	24
3699	McCRACKEN	ANDREW	37	29	M	36
3718	MATTEN	GLYNIS	38	9	F	54
3689	BERNARDI	MASSIMO	39	30	M	31
3640	PEARCE	ANDREA	40	10	F	50
3644	PEARCE	ROBYN	41	11	F	47
3651	HARRELL	HAYDEN	42	31	M	45
3685	FINLAY	VICTORIA	43	12	F	21
3681	ZAMEL	GABRIELLE	44	13	F	40
3658	SCOTTNEY-TURBILL	ZAK	45	32	M	13
3636	RUSSELL	LEANNE	46	14	F	23
3693	BORELLO	MARINA	47	15	F	38
3637	MOUNGOS	JOHNNY	48	33	M	22
3696	PALMER	LAURA	49	16	F	11
3634	GAUTRON	ANGELA	50	17	F	35
3719	RAGLESS	NATALIE	51	18	F	23
3691	FINLAY	PAUL	52	34	M	49

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
3660	STAMPKE	ALISON	53	19	F	10
3672	KETTERIDGE	ASHA	54	20	F	29
3705	BOYLE	NIKKI	55	21	F	9
3704	BOYLE	JACKIE	56	22	F	41
3659	SCOTTNEY-TURBILL	BRIAN	57	35	M	44
3676	PADGET	VALMAI	58	23	F	60
3716	ASHWELL	ANNIE	59	24	F	65
3663	CHIA	SARAH	60	26	F	26
2272	WILSON	COURTNEY	60	25	F	11
3684	BLAKEY	DUNCAN	61	36	M	36
3682	ZAMEL	JOSH	62	37	M	13
3633	SCHMIDT	HELENA	63	27	F	50
2270	THOMAS	JOSH	64	38	M	11
3666	YOUNG	FIONA	64	28	F	41
3656	SCOTTNEY-TURBILL	VICKI	65	29	F	40
3697	ZOLA	ELENA	66	30	F	10
3695	ZOLA	DEBORAH	67	31	F	42
3715	SCHULTZ	BRONWYN	68	32	F	44
3724			69			
1369	DEL MEDICO	VICTORIA	70	33	F	39
3698	COOPER	BIANCA	71	34	F	11
3680	EMRICK	SHANNON	72	35	F	41
3678	CALLISTO	PAT	73	39	M	43
3720	NIELSON	DEBRA	74	36	F	23
3664	DEROULETTE	CAROL	75	37	F	47
3657	SCOTTNEY-TURBILL	MORGAN	76	38	F	10
3662	MORROW	HANNAH	77	39	F	10
3679	BAJINSKIS	MARITA	78	40	F	33
3670	MCCLARTY	BRENTON	79	40	M	43
3669	MCCLARTY	CAITLIN	80	41	F	12
3639	WILLANSKI	LIZ	81	42	F	53
3706	McEVOY	LYN	82	43	F	55
3713	MICHELL	GEORGE	83	41	M	91
3688	FLETCHER	HEATHER	84	44	F	58
3687	FLETCHER	CAROLINE	85	45	F	28
3686	BLAKEY	JOANNA	86	46	F	26
3649	PEARCE	TIM	87	42	M	13
3642	FINSTER	PETER	NR		M	47
3645	PEARCE	DAN	NR		M	18
3647	PEARCE	REBECCA	NR		F	13
3674	BLAESS	TANYA	NR		F	27
3675	MENZ	CHRIS	NR		M	25
3671	DAVIES	JANE	NR		F	32

5 KM Walk

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
2281	MOTTROM	KIM	1	1	M	20
2292	WAITES	GERALDINE	2	1	F	55
2282	GOODGER	DIAN	3	2	F	40
2278	HEINRICH	NOEL	4	2	M	57
2269	BROOKS	COLIN	5	3	M	51
2293	WICKENS	PETER	6	4	M	58
2275	BARRY	TOM	7	5	M	85
2277	HIGGINS	WENDY	8	3	F	65
2299	VIRGO	JUDITH	9	4	F	52
2285	GRINDLE	JILL	10	5	F	61
2302	HUGHES	RENIY	11	6	F	40
2276	HORSELL	NANCY	12	7	F	75
2297	HAYES	KIRSTY	13	8	F	32
2303	GARDNER	JULIE	14	9	F	39
2279	PASH	FRED	15	6	M	78
2274	BARRY	MARJ	16	10	F	83
2298	COLE	NATALIE	17	11	F	59
2291	PALMER	CATHY	18	12	F	41
2280	MORROW	ANGELA	19	13	F	45
2300	JOHANSON	MARGARET	20	14	F	58
2301	JOHANSON	LUKE	21	7	M	29
2296	HAYES	BRIAN	22	8	M	26
2271	HAMP	HELEN	23	15	F	
2290	CARTER	STACEY	24	16	F	21
2284	THOMPSON	PAULA	25	17	F	38
2289	CARTER	CARMEN	26	18	F	50
2288	HAWES	CATHY	27	19	F	56
2304	WILSON	NICOLE	28	20	F	27
2295	ASHFIELD	EMMA	29	21	F	8
2294	ASHFIELD	JOY	30	22	F	61
2273	WILSON	CONNY	NR		F	
2287	BYRNES	KATHY	NR		F	48
2283	LORENZON	FULVIA	NR		F	52
2286	DONOVAN	JENNY	NR		F	55

1 KM RUN

Number	Surname	Given Name	Pos.	Gen. Pos.	M/F	Age
1751	GALE	RICHARD	1	1	M	11
1749	WATSON	BRADLEY	2	2	M	11
1747	GOLDSWORTHY	AARON	3	3	M	12
1248	MOSS	CONNOR	4	4	M	6
1304	STAMPKE	HANNAH	5	1	F	9
1247	MOSS	KELLY	6	2	F	8
1750	SHORT	THOMAS	7	5	M	10
1314	SHORT	GEORGIA	8	3	F	8
1744	YOUNG	JAKE	9	6	M	10
1306	LANGHEAD	LUKE	10	7	M	7
1309	DITTON	CAMERON	11	8	M	8
1302	LUBCKE	SAMANTHA	12	4	F	8
1748	GOLDSWORTHY	LISA	13	5	F	10
1746	SCANLON	CHRISTOPHER	14	9	M	9
1303	LUBCKE	STEPHANIE	15	6	F	8
1312	BORRELLO	ALESSANDRO	16	10	M	8
1315	WHITE	AMELIA	17	7	F	8
1250	YOUNG	MADISON	18	8	F	8
1313	SHORT	CAROLINE	19	9	F	7
1311	BORRELLO	DANIELA	20	10	F	4
1310	DITTON	SAMANTHA	21	11	F	6
1249	ROBERTS	BRADLEY	22	11	M	4
1745	SCANLON	MICHAEL	23	12	M	11
1305	STAMPKE	OLIVIA	24	12	F	5
1308	MATTEN	TAYLA	25	13	F	6
1307	ESOTS	ERIC	26	13	M	3
1316	ROBERTS	JESSICA	27	14	F	2
1743	PEARCE	JEREMY	NR		M	11